



Integrated Specialist Medical Care

Patient Information Booklet

**A CO-ORDINATED HEALTH CARE APPROACH
TO RESTORE YOU TO GOOD HEALTH**

Rheumatology

Nephrology

Neurology



Welcome to Integrated Specialist Medical Care.

At Integrated Specialist Medical Care, we recognise that by taking a holistic care plan approach, we can complete the picture and help you recover from your illness more quickly.

Our group of specialists consisting of rheumatologists, a neurologist and nephrologist are dedicated to delivering the best care possible communicating with you at every step of your journey.

Our practitioners are skilled in diagnosis, making sense of your symptoms, providing you with an understanding of what's wrong, but also helping you to understand how we can work together to restore you to good health.

Our affiliation extends to working closely with physiotherapists, dietitians and exercise physiologists to complete a structured management plan for you.

Working together to restore you to good health

Conditions We Treat

RHEUMATOLOGY

Rheumatoid Arthritis
Psoriatic Arthritis
Ankylosing Spondylitis
Osteoarthritis
Gout
Back, Hip & Shoulder Pain
Systematic Lupus Erythematosus
Sjogren's Syndrome

NEUROLOGY

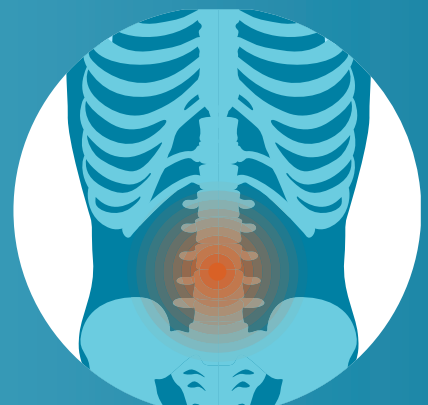
Headaches
Vertigo
Dementia

NEPHROLOGY

Renal Failure
Fluid Overload
Electrolyte Imbalance
Anaemia
Hypertension

AFFILIATED ASSOCIATIONS

Physiotherapists
Dietitians
Exercise Physiologist
Psychologist



What to expect at your first visit

During your first visit, your doctor will listen to your problems and ask you a number of questions.

He/she will likely examine you and review any X-rays or other test results that you have.

Your doctor will give you his/her opinion and recommendations. You may be sent for further tests and be asked to return for follow-up. Based on the results of your test(s) a diagnosis will be made and the appropriate treatment will be explained and offered to you. Please feel free to ask as many questions as you like.

When you come for your first visit, please remember to obtain and bring the following:

- Referral letter from GP, family physician or other doctor
- Medicare card, DVA card, pension card
- Have your private hospital insurance information with you
- Latest blood reports, X-rays, MRIs, CT scans and any other relevant information

Appointments

Urgent Appointments

Urgent Appointments are booked on the day and are for patients who have problems which, for medical reasons, cannot wait for a routine appointment.

Telehealth Appointments

We provide telehealth consultations via the phone and video. Please speak to our reception team to organise a telehealth consultation.

Cancellation of Appointment

If you need to cancel your appointment, we require 24 hours' notice. This enables us to offer your selected appointment time to another patient.

Payment of Consultation Fee

Our payment policy for our doctor consultation fee is to be made via eftpos/credit card payments. We do not accept cash payments. We require payment at time of consultation. When making your first initial appointment, our reception team will advise you of the consultation fee payable at the time of consultation.

Contact Us

Our Practice Manager is Shelly Sharma and she is available to assist you if you have any issues or concerns. Shelly can be contacted at our Kogarah practice on 02 9587 0238.

KOGARAH

Suite 4, Level 1, 19 Kensington Street
Kogarah NSW 2217 | PH: 02 9587 0238

MOORE PARK

The Stadium Sports Medicine Clinic, Byron Kennedy Hall,
Entertainment Quarter, Errol Flynn Blvd
Moore Park NSW 2021 | PH: 02 9587 0238

MACQUARIE PARK

Suite G3, 64 Talavera Road
Macquarie Park NSW 2113 | PH: 02 9888 9798

RANDWICK

Suite 2B, Level 2, 66 High Street
Randwick NSW 2031 | PH: 02 9310 0555